



ASTRON
INSTITUTE OF INTERNATIONAL STUDIES
PRIDE IN EXCELLENCE



***Healthcare
Emergency Champion***

Beyond First Aid...

***Holistic life cycle approach to build skills for empowerment of
self, peer, family & communities***

ABOUT US

The Astron Group is a leading healthcare consulting organization focused in the fields of Hospital Planning and Design, Quality & Accreditation, Community Health, Research, and Training.

All the divisions are supported by a strong team of experts in their respective fields. The organization is promoted by Dr. Y P Bhatia, a medical doctor holding expertise in the field of Hospital planning and Quality & Accreditation and Dr. Neeru Bhatia, an OBG doctor having expertise in public health & research, and healthcare academics.

Astron Institute of International Studies, Gurugram, is an academic vertical of Astron Group, holding experience in Health education from last 17 years. The institute has been the pioneer in skill building and skill enhancement of students, nurses, doctors and other Healthcare professional through a unique pedagogy comprising of online theory sessions, coupled with Hands on Training in the hospital setting. The main focus of the institute being the development of a trained resource who are immediately ready to provide healthcare emergency whether in schools, hospitals, families and communities.

With this ethos and philosophy, Astron has successfully trained

- 5000⁺ Nursing Students
- 1000⁺ Paramedical Students
- 2000⁺ School children
- 2000⁺ Doctors
- 3000⁺ ANMs



A Glimpse of some of the Training Sessions conducted by Astron

Astron is a visionary to empower individuals as independent Healthcare Emergency Champions Beyond First Aid...

SELF CARE ON

- Injuries, sprains and fracture management
- Caring bronchial asthma
- Emergency addressal of febrile conditions - jaundice, dengue, malaria, viral fever
- Cuts / bites care
- Infection prevention & control
- Identification and caring for diabetes emergencies
- Addressal of burns

ASSIST PEER IN HEALTH EMERGENCIES

- Heat stroke, epilepsy
- Injuries, sprains and fracture
- Prevention and care of Bronchial asthma
- Febrile Conditions
- Cuts / bites care
- Infection prevention and control
- Immediate management of epistaxis (nosebleed)
- Health related issues - fire and drowning
- Behavioural issues
- Preventive health
- counselling
- Referral medical care

Healthcare Emergency Champion

SUPPORT FAMILY HEALTH

- Identification and immediate management of hypoglycemia, hypertension, heart attack, epilepsy, heat stroke, injuries, sprains and fracture
- Cardio pulmonary resuscitation
- Management of febrile conditions
- Infection prevention & control
- Domestic emergencies
- Addressal of burns
- Referral medical care

VOLUNTEER COMMUNITY HEALTH SERVICE

- Identification and immediate management of hypoglycemia, hypertension, heart attack, epilepsy, heat stroke, injuries, sprains and fracture
- Cardio pulmonary resuscitation
- Prevention and care of bronchial asthma
- Infection prevention and control
- Awareness about hygiene, self care, sanitation
- Addressal of burns
- Referral medical care

TRAINING PEDAGOGY

Session
1

Lecture by
Expert
Duration: 1 hr

Live
demonstration
session
Duration: 1 hr

Session
2

Lecture by
Expert
Duration: 1 hr

Live
demonstration
session
Duration: 1 hr

Session
3

Hospital
visit for
Observership

Duration: 1 hr

Basic Training
for School Students

Advanced Training
for Youngster/ Adults



- Identification and facilitate management of emergencies.
- Cardio Pulmonary Resuscitation
- Injuries, sprains and fracture management
- Infection prevention and Control
- Management of Health related fire emergencies and safety

OUR EXPERTS

Mr. Nitesh Kumar

Mr. Nitesh Kumar holding 13+ years experience in the field of Emergency Management, Masters in Business Administration-Hospital Management (MBA-HM), Master in Public Health, Post Graduate Certificate in Diabetic Educator and Post Graduate Certificate in Quality Management and Accreditation of Hospital Organization. Experience of working as Emergency Paramedic and Clinical Educator with Hamad Medical Corporation as Ambulance paramedic / Project Co-ordinator, King Hamad University Hospital Kingdom of Bahrain (Bahrain Defense Force) and Max Healthcare, Emergency Paramedic and Clinical Educator. Serving as a voluntary International Instructor of American Heart Association for BLS/ ACLS and PALS and a South East Asia Instructor for Hospital Occupational preparedness in Emergency for the last 12 years. Also a EMS Assessor for Healthcare Sector Skills and certified QCI (NABH)- POI.

Dr. Gaurav Mahajan

Dr. Gaurav Mahajan, holding 14 + years experience in the field of Emergency Management. A Senior Instructor and Course Director for AHA certified BLS, ACLS and Heart saver First AID, CPR and AED courses, has done One Year Fellowship in Cardiac Rehab Phase 3 Program from Coventry University, United Kingdom. Instructor for AHA certified Basic Life Support, Advance Cardiac Life Support and AHA certified Heart saver CPR/AED/ First AID. Also an Instructor for Simulation courses certified jointly by Laedra Medical and Max Healthcare.

Dr. Abhishek Vishnu

Holding 23+ years of experience and specialised in Anaesthesia and Super-Specialised in Critical Care Medicine. Holding qualifications of Indian Fellowship in Critical Care Medicine from Indian College of Critical Care Medicine, Fellowship in Intensive Care Medicine from Medvarsity and Apollo Hospitals Educational and Research Foundation. Master trainer for AHA Certified, ACLS, BLS, CPR and AED Courses. He has extensively worked in various Corporate Hospitals in India and Abroad.

Dr. Joohi Rai

A Senior Physiotherapist holding 19+ years of experience in evidence based therapy, specialised in sports injury rehabilitation, post immobilization fracture care and contemporary use of modern technology.

Shri Jaipal Singh

A Master trainer in Fire Safety and Fire Fighting mechanism, holding 27 years of experience in the technical field. Hails from the Defense background and having served Indian Navy. Worked as HOD, Director, Safety and Lead Auditor ISO 45001:2018.

TRAINING TAKEAWAYS:

- Activity Notes
- First Aid Kit
- Certificate of Completion by AIIS, NABET(QCI), ISO (17024 : 2012, 21001 : 2018, 29990 : 2010, 45001 : 2018)
- Healthcare Emergency Champion Badge

Training Fee : ₹ 1,000/- Per Session



Contact Us

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